Community Capacity Expansion Plan Summary FY03

Alamance-Caswell Area MH/DD/SA Authority

<u>Total Bridge Funding</u>: \$169,314 <u>Total Annual Continuing Funding</u>: \$305,210

Adult Long Term

Adult Long Term Bridge Funding: \$126,414 Adult Long Term Continuing Funding: \$202,510

Proposed Services:

Development of an Assertive Community Treatment Team (ACTT) to serve Alamance and Caswell Counties. Staffing to include psychiatrist, team leader, 2 nurses, master's level clinician, certified addictions professional, and bachelor's level paraprofessionals.

Geriatric Long Term

Geriatric Bridge Funding: \$42,900 Geriatric Continuing Funding: \$102,700

Geriatric Specialty Team Description:

Will contract with a Geriatric Specialty Team to serve Alamance, Caswell and Rockingham Counties. Staff to include a mental health nurse, mental health clinician and part-time psychiatrist.

Albemarle MH/DD/SAS

<u>Total Bridge Funding</u>: \$42,900 <u>Total Annual Continuing Funding</u>: \$102,700

Geriatric Long Term

Geriatric Specialty Team Description:

Development of a Geriatric Specialty Team to serve Camden, Chowan, Currituck, Dare, Pasquotank and Perquimans Counties. Staffing to include a psychiatric nurse and a licensed clinical social worker.

Blue Ridge Center for MH/DD/SAS

<u>Total Bridge Funding</u>: \$178,268 Total <u>Annual Continuing Funding</u>: \$338,884

Adult Long Term

Adult Long Term Bridge Funding: \$135,368 Adult Long Term Continuing Funding: \$236,184

Proposed Services:

Development of an Assertive Case Management program staffed by clinical social workers and a part time psychiatrist. Some of the team's functions include acting as the liaison with Broughton Hospital for all admissions and discharges including the development of discharge plans, making home visits no later that first working day after an individual is discharged, and providing support to Family Care Homes to manage crisis situations.

Geriatric Long Term

Geriatric Bridge Funding: \$42,900 Geriatric Continuing Funding: \$102,700

Geriatric Specialty Team Description:

Development of a Geriatric Specialty Team that will serve counties in the Blue Ridge, Trend and Rutherford-Polk area. Staffing will include a nurse and a clinical social worker.

Catawba County Mental Health Services

Total Bridge Funding: \$72,802 Total Annual Continuing Funding: \$154,944

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$29,902 <u>Adult Long Term Continuing Funding:</u> \$52,244

Proposed Services:

Increase capacity of existing Assertive Community Treatment Team by hiring one additional staff member.

Geriatric Long Term

<u>Geriatric Bridge Funding:</u> \$42,900 <u>Geriatric Continuing Funding:</u> \$102,700

Geriatric Specialty Team Description:

Mental Health Services of Catawba County will contract with Adult Life Program to provide a Geriatric Specialty Team for the Catawba and Foothills areas.

CenterPoint Human Services

<u>Total Bridge Funding</u>: \$274,687 <u>Total Annual Continuing Funding</u>: \$505,210

Adult Long Term

Adult Long Term Bridge Funding: \$231,787 Adult Long Term Continuing Funding: \$402,654

Proposed Services:

- Provide medication assistance
- Addition of 1 FTE MD to provide medication evaluation
- Addition of 1.5 FTE for Case Management/Hospital Liaison
- Increase ACTT staff by 2 positions
- Funding to contract for local inpatient and/or crisis bed stays
- Funding to contract for additional CBS services for individuals returning to the community from the hospital
- Housing fund for such expenses as deposits, furnishings, etc.

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Geriatric Long Term

<u>Geriatric Bridge Funding:</u> \$42,900 <u>Geriatric Continuing Funding:</u> \$102,700

Geriatric Specialty Team Description:

Development of a 2 person Geriatric Specialty Team to Serve Davie, Forsyth and Stokes Counties.

Crossroads Behavioral Healthcare

<u>Total Bridge Funding</u>: \$78,347 <u>Total Annual Continuing Funding</u>: \$136,777

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Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$78,347 <u>Adult Long Term Continuing Funding:</u> \$136,777

Proposed Services:

Development of an Assertive Community Treatment Team to serve Yadkin and Surrey Counties.

Geriatric Long Term

New River Behavioral Healthcare will host a Geriatric Specialty Team that also serves the Crossroads area.

Cumberland County Mental Health Center

Total Bridge Funding: \$156,185 Total Annual Continuing Funding: \$300,518

Adult Long Term

Adult Long Term Bridge Funding: \$113,285
Adult Long Term Continuing Funding: \$197,818

Proposed Services:

- Funding for CBS for recipients that are not initially receiving Medicaid
- Development of an Assertive Community Treatment Team
- Addition of 2 staff positions to increase capacity of Psychosocial Rehabilitation Clubhouse
- Funding to contract for crisis services

Geriatric Long Term

Geriatric Bridge Funding: \$42,900

Geriatric Continuing Funding: \$102,700

Geriatric Specialty Team Description:

Contract with a Geriatric Specialty Team to serve Cumberland, Lee and Harnett Counties. Staffing for the team will include a nurse and a clinical social worker.

Davidson County Area Program for MH/DD/SAS

<u>Total Bridge Funding</u>: \$43,840 <u>Total Annual Continuing Funding</u>: \$114,405

Adult Long Term

Adult Long Term Bridge Funding: \$43,840 Adult Long Term Continuing Funding: \$114,405

Proposed Services:

- Addition of 1 FTE registered nurse for medication education, administration, etc.
- Addition of 1 FTE SA/MI Substance Abuse Counselor
- Funds to purchase crisis stabilization inpatient for non-Medicaid clients
- Emergency medication assistance
- Emergency housing support

Geriatric Long Term

Geriatric Specialty Team Description:

The Geriatric Specialty Team hosted by Piedmont Behavioral Healthcare will also serve Davidson County.

Duplin-Sampson-Lenoir Area MH/DD/SAS

<u>Total Bridge Funding</u>: \$52,800 <u>Total Annual Continuing Funding</u>: \$126,400

Geriatric Long Term

Geriatric Specialty Team Description:

Development of a 3 person Geriatric Specialty Team to serve Duplin, Sampson, Lenoir and Wayne Counties. Team staffing will include a clinical nurse, clinical social worker or psychologist and a case manager.

Durham Center

<u>Total Bridge Funding</u>: \$191,954 <u>Total Annual Continuing Funding</u>: \$333,483

Adult Long Term

Adult Long Term Bridge Funding: \$191,954 Adult Long Term Continuing Funding: \$333,483

Proposed Services:

- Addition of 1 FTE to provide Intensive Case Management
- Expansion of the Intensive Stabilization Service capacity
- Expansion of Community Based Services capacity
- Expand Supported Employment/Vocational capacity at Threshold
- Develop Family Supports program by adding .20 FTE at Threshold
- Establish a revolving loan for housing related needs
- Expand Crisis Management services including comprehensive crisis response and stabilization beds

Geriatric Long Term

Geriatric Specialty Team Description:

Two Geriatric Specialty Teams hosted by VGFW will serve Durham, OPC, and VGFW.

Edgecombe-Nash MH/DD/SAS

Geriatric Long Term

Geriatric Specialty Team Description:

A 3 person Geriatric Specialty Team hosted by RiverStone serves Edgecombe, Nash, Wilson, Greene and Halifax Counties.

Foothills Area MH/DD/SAS

Total Bridge Funding: \$106,858 Total Annual Continuing Funding: \$186,481

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$106,858 <u>Adult Long Term Continuing Funding:</u> \$186,481

Proposed Services:

- Addition of 2 Intensive Case Managers; one serving individuals in McDowell and Burke Counties and one serving individuals in Caldwell and Alexander Counties
- Expansion of Psychosocial Rehabilitation Program in McDowell County
- Contract for Day Activity Services in Caldwell County for older adults discharged from Broughton Hospital
- Increase capacity of Facility Based Crisis Program

Geriatric Long Term

Geriatric Specialty Team Description:

A 2-person Geriatric Specialty Team hosted by Catawba County Mental Health will serve Catawba, Alexander, Burke, Caldwell and McDowell Counties.

Guilford Center for Behavioral Health and Disability Services

<u>Total Bridge Funding</u>: \$345,572 <u>Total Annual Continuing Funding</u>: \$628,512

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$302,672 <u>Adult Long Term Continuing Funding:</u> \$525,812

Proposed Services:

- Establish Diversion Team in the Crisis/Emergency Services Unit to provide short stabilization, assertive outreach, crisis case management and liaison with community resources and inpatient staff
- Increase capacity of Intensive Case Management
- Increase capacity of Psychosocial Rehabilitation
- Increase capacity of Assertive Community Treatment Team
- Establish a Housing/Apartment Loan Fund
- Assistance with unfunded medications and lab testing
- Increase capacity of Intensive Outpatient MI/SA

Geriatric Long Term

<u>Geriatric Bridge Funding:</u> \$42,900 <u>Geriatric Continuing Funding:</u> \$102,700

Geriatric Specialty Team Description:

Increase the capacity of existing Geriatric Specialty Team in Guilford County by adding staffing hours and increasing capacity of gero-psychiatric services such as medication and psychiatric evaluations. Assistance with unfunded medication and lab testing is also supported through this funding.

Johnston County Area MH/DD/SA Authority

<u>Total Bridge Funding</u>: \$56,642 <u>Total Annual Continuing Funding</u>: \$98,909

Adult Long Term

Adult Long Term Bridge Funding: \$56,642

Adult Long Term Continuing Funding: \$98,909

Proposed Services:

Development of a pilot program that provides person centered services to 6 adults with severe and persistent mental illness who are at risk of hospitalization and to 4 individuals who are geriatric, have mental illness and who reside in a rest home or group home. The services to be provided include clinical case management and consultation, medication and psychiatric services, personcentered planning, and community based services and psychosocial rehabilitation services.

Geriatric Long Term

Geriatric Specialty Team Description:

The pilot program described above will serve 4 individuals who are geriatric and provide activities similar to the geriatric teams.

Lee-Harnett Area MH/DD/SA Authority

<u>Total Bridge Funding</u>: \$56,642 <u>Total Annual Continuing Funding</u>: \$56,642

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$56,642 <u>Adult Long Term Continuing Funding:</u> \$56,642

Proposed Services:

Expand capacity for the following services:

- Psychosocial Rehabilitation
- Intensive Clinical Case Management
- Psychiatric Assessment
- Crisis Inpatient
- Community Based Services
- Consumer Transportation

Geriatric Long Term

Geriatric Specialty Team Description:

A Geriatric Specialty Team will be hosted by Cumberland County and serve Lee, Harnett and Cumberland Counties.

Mecklenburg County Mental Health Department

<u>Total Bridge Funding</u>: \$189,627 <u>Total Annual Continuing Funding</u>: \$358,839

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Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$146,727 <u>Adult Long Term Continuing Funding:</u> \$256,139

Proposed Services:

Develop an Assertive Community Treatment Team to serve high-risk consumers.

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Geriatric Long Term

Geriatric Bridge Funding: \$42,900

Geriatric Continuing Funding: \$102,700

Geriatric Specialty Team Description:

Implement a 2 person Geriatric Specialty Team to serve Mecklenburg County.

Neuse Center for MH/DD/SAS

<u>Total Bridge Funding</u>: \$52,800 <u>Total Annual Continuing Funding</u>: \$126,400

Geriatric Long Term

<u>Geriatric Bridge Funding:</u> \$52,800 <u>Geriatric Continuing Funding:</u> \$126,400

Geriatric Specialty Team Description:

Development of a Geriatric Specialty Team to serve Craven, Carteret, Pamlico, Jones and Pitt Counties. Psychiatric nurse, licensed clinical social worker and a mental health educator will staff the team.

New River Behavioral Healthcare

Total Bridge Funding: \$101,313 Total Annual Continuing Funding: \$204,648

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$58,413 <u>Adult Long Term Continuing Funding:</u> \$101,948

Proposed Services:

- Contract for Crisis Facility Beds
- Expand capacity of Case Management services
- Contract for transportation services

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Geriatric Long Term

Geriatric Bridge Funding: \$42,900 Geriatric Continuing Funding: \$102,700

Geriatric Specialty Team Description:

Develop a Geriatric Specialty Team to serve the counties in the New River and Crossroads areas.

Onslow County Behavioral Healthcare Services

Geriatric Long Term

Geriatric Specialty Team Description:

Southeastern Center will host a Geriatric Specialty Team that serves Onslow, Brunswick, New Hanover, and Pender Counties.

Orange-Person-Chatham MH/DD/SA Authority

Total Bridge Funding: \$140,200 Total Annual Continuing Funding: \$243,506

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$140,200 <u>Adult Long Term Continuing Funding:</u> \$243,506

Proposed Services:

Increased capacity of the following services:

- Assertive Community Treatment
- Intensive Case Management
- Psychosocial Rehabilitation
- Community Based Services
- Local In-Patient Services

Established funds for the following:

- Medication Assistance
- Housing/rental assistance

Geriatric Long Term

Geriatric Specialty Team Description:

Two Geriatric Specialty teams hosted by VGFW will serve the OPC, Durham and VGFW areas.

Pathways MH/DD/SAS

Total Bridge Funding: \$161,930 Total Annual Continuing Funding: \$322,528

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$127,930 <u>Adult Long Term Continuing Funding:</u> \$220,860

Proposed Services:

- Addition of 6 Case Managers
- Addition of 1 Psychiatrist
- Funds to purchase Community Crisis Stabilization Services

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Geriatric Long Term

Geriatric Bridge Funding: \$34,000 Geriatric Continuing Funding: \$101,668

Geriatric Specialty Team Description:

Development of a 2 person Geriatric Specialty Team.

Piedmont Area MH/DD/SAS

Total Bridge Funding: \$168,301 Total Annual Continuing Funding: \$321,470

Adult Long Term

Adult Long Term Bridge Funding: \$125,401 Adult Long Term Continuing Funding: \$218,770

Proposed Services:

- Expand capacity of the Psychosocial Clubhouse through addition of 4 consumer positions and increase operating hours to include Saturdays and evenings
- Expand Assertive Community Treatment services by adding positions that will enhance the array of services to the consumer

Geriatric Long Term

<u>Geriatric Bridge Funding:</u> \$42,900 <u>Geriatric Continuing Funding:</u> \$102,700

Geriatric Specialty Team Description:

Development of a 2 person Geriatric Specialty Team serving the Piedmont area counties and Davidson County.

Pitt County MH/DD/SA Center



Geriatric Specialty Team Description:

Neuse Center will host a 3 person Geriatric Specialty Team that will serve Pitt County.

Randolph County MH/DD/SA Program

Total Bridge Funding: \$65,620 Total Annual Continuing Funding: \$114,405

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$65,620 <u>Adult Long Term Continuing Funding:</u> \$114,405

Proposed Services:

Expand and enhance the following community services:

- Case Management and Outreach
- Housing Supports
- Family Care Homes for individuals who may not be suited for more independent settings
- Transportation services
- Assertive Community Treatment

Geriatric Long Term

Geriatric Specialty Team Description:

Randolph County will be served by a 2 person Geriatric Specialty Team hosted by the Sandhills Center.

RiverStone Counseling & Personal Development

<u>Total Bridge Funding</u>: \$52,800 <u>Total Annual Continuing Funding</u>: \$126,400



Geriatric Long Term

Geriatric Bridge Funding: \$52,800
Geriatric Continuing Funding: \$126,400

Geriatric Specialty Team Description:

Development of a 3 person Geriatric Specialty Team to serve Halifax, Edgecombe, Nash, Wilson and Greene Counties. Staffing includes a licensed clinical social worker, nurse and part-time psychiatrist.

Roanoke-Chowan Human Services Center

<u>Total Bridge Funding</u>: \$42,900 <u>Total Annual Continuing Funding</u>: \$102,700



Geriatric Long Term

Geriatric Bridge Funding: \$42,900

Geriatric Continuing Funding: \$102,700

Geriatric Specialty Team Description:

Development of a 2 person Geriatric Specialty Team to serve the nine counties in the Roanoke-Chowan and Tideland areas.

Rockingham County Area MH/DD/SA

<u>Total Bridge Funding</u>: \$90,016 <u>Total Annual Continuing Funding</u>: \$156,339

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$90,016 <u>Adult Long Term Continuing Funding:</u> \$156,339

Proposed Services:

- Hire additional Case Manager and Community Mental Health Technician to expand capacity for hospital-to-community transitions, case management, etc.
- Funding to contract for such services as local inpatient and Community Based Services
- Establish a Client Support Fund to assist with placement/housing needs until entitlements are in place

Geriatric Long Term

Geriatric Specialty Team Description:

Rockingham County will be served by a 2 person Geriatric Specialty Team hosted by Alamance-Caswell Area MH/DD/SAS.

Rutherford-Polk Area MH/DD/SA Authority

<u>Total Bridge Funding</u>: \$29,902 <u>Total Annual Continuing Funding</u>: \$52,244

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Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$29,902 <u>Adult Long Term Continuing Funding:</u> \$52,244

Proposed Services:

Development of an Assertive Community Treatment Team.

Geriatric Long Term

Geriatric Specialty Team Description:

Blue Ridge Center will host a 2 person Geriatric Specialty Team that will serve the Blue Ridge, Trend and Rutherford-Polk areas.

Sandhills Center for MH/DD/SAS

Total Bridge Funding: \$127,169 Total Annual Continuing Funding: \$249,580

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$84,269 <u>Adult Long Term Continuing Funding:</u> \$146,880

Proposed Services:

- Development of an Assertive Community Treatment Team
- Expand Supported Housing capacity

Geriatric Long Term

<u>Geriatric Bridge Funding:</u> \$42,900 <u>Geriatric Continuing Funding:</u> \$102,700

Geriatric Specialty Team Description:

Development of a 2 person Geriatric Specialty Team serving the Sandhills area and Randolph County.

Smoky Mountain Center for MH/DD/SAS

Total Bridge Funding: \$111,280 Total Annual Continuing Funding: \$222,062

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$68,380 <u>Adult Long Term Continuing Funding:</u> \$119,362

Proposed Services:

- Increase capacity for Psychiatric Consultation
- Hire Case Manager to serve as Hospital Liaison
- Add staff to Assertive Community Treatment Team to provide CBS-like services

Geriatric Long Term

<u>Geriatric Bridge Funding:</u> \$42,900 <u>Geriatric Continuing Funding:</u> \$102,700

Geriatric Specialty Team Description:

Development of a 2 person Geriatric Specialty Team serving the Smoky Mountain area.

Southeastern Center for MH/DD/SAS

<u>Total Bridge Funding</u>: \$51,200 <u>Total Annual Continuing Funding</u>: \$126,400



Geriatric Long Term

Geriatric Bridge Funding: \$51,200
Geriatric Continuing Funding: \$126,400

Geriatric Specialty Team Description:

Development of a Geriatric Specialty Team to serve Brunswick, New Hanover, Pender and Onslow Counties. Staffing will include a social worker, nurse and psychiatric consultation.

Southeastern Regional MH/DD/SAS

Total Bridge Funding: \$82,977 Total Annual Continuing Funding: \$173,585

Adult Long Term

Adult Long Term Bridge Funding: \$40,077
Adult Long Term Continuing Funding: \$70,885

Proposed Services:

- Addition of a Crisis Clinical Case Manager in Columbus County
- Addition of a Rehabilitation Therapy Technician to the Psychosocial Rehabilitation Program in Columbus County

Geriatric Long Term

Geriatric Bridge Funding: \$42,900
Geriatric Continuing Funding: \$102,700

Geriatric Specialty Team Description:

Development of a 2 person Geriatric Specialty Team serving the Southeastern Regional area.

Tideland Mental Health Center



Geriatric Specialty Team Description:

The counties of Tideland Mental Health Center are served by a Geriatric Specialty Team hosted by Roanoke-Chowan.

Trend Area MH/DD/SA Authority

<u>Total Bridge Funding</u>: \$39,870 <u>Total Annual Continuing Funding</u>: \$69,658

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Adult Long Term

Adult Long Term Bridge Funding: \$39,870
Adult Long Term Continuing Funding: \$69,658

Proposed Services:

Development of an Assertive Community Treatment Team.

Geriatric Long Term

Geriatric Specialty Team Description:

Blue Ridge Center will host a Geriatric Specialty Team that serves Blue Ridge, Trend and Rutherford-Polk areas. Staffing will include a nurse and a clinical social worker.

Vance, Granville, Franklin, Warren Area Authority

Total Bridge Funding: \$154,403 Total Annual Continuing Funding: \$463,125

Adult Long Term

<u>Adult Long Term Bridge Funding:</u> \$70,103 <u>Adult Long Term Continuing Funding:</u> \$210,325

Proposed Services:

Expansion of community capacity including the following services:

- Community Based Services
- Psychosocial Rehabilitation
- Intensive Case Management
- Medication Assistance
- Housing/Apartment
- Supported Living

Geriatric Long Term

Geriatric Bridge Funding: \$84,300 Geriatric Continuing Funding: \$252,800

Geriatric Specialty Team Description:

Will contract with a private provider for a Geriatric Specialty Team to serve VGFW, OPC, and Durham areas. The team will minimally consist of 2 psychiatric nurses and 2 masters prepared social workers

Wake County Human Services

Total Bridge Funding: \$373,167 Total Annual Continuing Funding: \$793,933

Adult Long Term

Adult Long Term Bridge Funding: \$373,167
Adult Long Term Continuing Funding: \$793,933

Proposed Services:

- Expansion of existing Gero-psychiatry Team
- Development of residential options for elderly
- Development of residential options for individuals with severe and persistent mental illness
- Expansion of Day Activity programs for elderly

Geriatric Long Term

Geriatric Specialty Team Description:

Wake County Human Services did not received funds dedicated to a Geriatric Specialty Team, however, as stated above used allocated funding to expand an existing Gero-psychiatry team by a nurse, licensed clinical social worker, case manager and half time psychiatrist.

Wayne County Mental Health Center

Geriatric Long Term

Geriatric Specialty Team Description:

Wayne County will be served by a 3 person Geriatric Specialty Team hosted by Duplin-Sampson-Lenoir. Team staffing will include a clinical nurse, clinical social worker or psychologist and a case manager.

Wilson-Greene Area MH/DD/SAS

Geriatric Long Term

Geriatric Specialty Team Description:

Wilson and Greene Counties will be served by a 3 person Geriatric Specialty Team hosting by RiverStone and also serving Edgecombe and Nash Counties. Staffing will include a licensed clinical social worker, nurse and part-time psychiatrist.